

PERSONAL SOCIAL SKILLS



Personal Social Skills are the development of a child's self-help skills and interactions with others.

Personal Social Skills help a child function independently and effectively at home, school/college, at work and in the community.

3 Months

- Reaches out for familiar people and shows a desire to be picked up



6 Months

- Shows pleasure and interest at familiar words and familiar people

9 Months

- Cries for the attention of his/her needs
- Plays peek-a-boo



12 Months

- Waves goodbye
- Shows jealousy and emotions are unstable

18 Months

- Shows curiosity
- Imitates others
- Asks for food or drinks



2 to 3 Years

- Begins to play interactive games or role plays
- Tries to be independent

3 to 4 Years

- Has the ability to share and take turns
- Helps others freely without being reminded



4 to 5 Years

- Argues with parents when he/she wants something
- Wants approval of adults

What parents can do to help:

- Volunteer in the community with your child and talk about it afterwards
- Point out to your child opportunities to help others (help that man pick up his keys)
- Cook with your child and encourage daily help with chores and cleaning
- Give your child opportunities to play with other children; to learn to share, to take turns and how to relate to others of the same age
- Teach your morals and values and help your child develop a strong work ethic by giving your child a task and to have him/her work on it until it is completed

**Contact your Edmonton Early Years Coalition for more information
www.earlychildhoodedm.ca**